



Dynamic Enneagram Coaching® - level 3

- using the Enneagram to make your coaching more efficient, effective and lasting

April 23-25, 2010 - Continue from Level 1 or 2 or begin with level 3!

As a coach it is important to continually improve your skills, to offer your clients a unique and valuable service. Many coaches have found the Enneagram to be a superb diagnostic tool for understanding individuals and organizations. Successful changework with your clients calls for a deeper insight into human beings and in this the Enneagram broadens your ways to coach and adds to your present skills. Combining the Enneagram's insights with other effective methods like NLP and Ericksonian Hypnosis will further insure that you produce lasting, positive change with each new client.

CoachSpirit together with The Changeworks is pleased to present this training for coaches: The Dynamic Enneagram Coaching® training: A total of 21/2 days of training with the American Enneagram-, NLP and Milton Erickson specialist Tom Condon.

The training will focus on building skills, giving you specific tools and practices applicable in your coaching business. Tom Condon will demonstrate a number of techniques helpful to different Enneagram personality styles. You will experience many new possibilities and fresh choices in your coaching practice.

The Dynamic Enneagram Coaching® training will also help you use the Enneagram at a deeper level in your coaching, to move to the core of a problem more quickly. If you have past Enneagram, NLP or Ericksonian experience this training will deepen your understanding of all three subjects.

Level 3 subjects include:

Training, level 3 23-25 April, 2010

- **Perceptual Positions and Shadow Styles**

The experience of an event, situation or relationship often happens from several different perspectives (First, Second or Third position). Explore the Perceptual Positions to the Enneagram and use it to work successfully with clients' *shadow styles*, "difficult" Enneagram styles that baffle, frighten or even styles that impress or attract you.

- **Creating Effective Homework Assignments and Behavioral Tasks**

Learn how to use Erickson's non-hypnotic approaches to create exercises, homework assignments, therapeutic rituals and behavioral tasks that help clients solve problems and resolve personality dilemmas.

- **How to Recognize and Use Parental Points**

In addition to our primary Enneagram style and its secondary connections, we carry within us our parents and therefore their Enneagram styles. Identifying how they influence our talents and limitations, the role they play in problems and the resources they represent all contribute to successful coaching. We will also touch on how birth order affects Enneagram styles as well as cultural and subcultural influences.

Demonstrations

One of the specialties of Tom's work is his powerful demonstrations. In this training he will do demonstrations revealing the "inner architecture" of the type, discovering and recognizing sensory qualities, as well as looking at self-limiting behavior and how to transform this into greater freedom and choice.

For further details – please read "More details on the training" below.



Time and Place

The training starts on Friday from 16-20 hrs. Saturday from 10-17 and Sunday from 10-17.
The training will take place in Copenhagen. Location: To be announced.

Price

Level 3: 4.450 DKK (593 €). **Sign up before February 15 and pay only 3.700 DKK (495 €)!**
The prices are excl. Danish VAT (25%) and include training, materials, coffee, tea, and lunch.
You can apply for having a VAT refund.

Sign-up

To sign-up please send an e-mail to info@coachspirit.dk with your name, company, address, and phone number. You will receive an invoice by email, and your participation is ensured after payment.

Pre-qualifications

Good knowledge about the Enneagram is suggested.

Private sessions

Tom will be offering private sessions on Monday 26th April. Sessions will be available from 9.30 and throughout the day. A private 1½ hour session is 750 DKK (€100). If you are interested please send an e-mail to info@coachspirit.dk. Session will be booked at a first come, first served basis.

Tom Condon



Tom Condon has a Bachelor in psychology and literature. He has worked with NLP, the Enneagram and Milton Erickson hypnosis in therapy for the last 30 years. He has worked with coaching in organizations and with individuals. He has taught over 700 workshops and is the author of 35 books, cd's and dvd's on the Enneagram, NLP and Ericksonian method. He is founder and director of The Changeworks in Bend, Oregon, USA.
www.thechangeworks.com

Staying overnight in Copenhagen

If you are travelling to Copenhagen and you need a place to stay, please let me know in your sign-up e-mail and I will send you some suggestions.



More details on The Dynamic Enneagram Coaching®

The Dynamic Enneagram Coaching® series is divided into two levels (level 1-2 and level 3-4).

Dynamic Enneagram Coaching© training overall content:

- o Enneagram "growth arcs": How each style grows and changes.
- o What motivates each style to grow and change.
- o How to target your language to appeal to and guide each style.
- o Ways to evoke and apply each Enneagram style's hidden resources.
- o Better recognize and work with defense mechanisms.
- o Change type-specific weaknesses into strengths.
- o Learn the best methods to use with each style.
- o Eliminate your own blind spots and limiting beliefs.

Level 3 subjects include:

*** *The Secret Structure of Enneagram Styles***

All subjective experience has a sensory structure, an "inner architecture," and anything we do follows a sequence of internal sensory steps - a combination seeing, hearing, feeling, smelling and tasting. Each Enneagram style also has specific sensory qualities that drive its reactions and each individual has unique sensory combinations. Discovering in greater detail how to recognize and help your clients change these key sensory qualities is often surprisingly powerful, as you guide your clients from self-limiting behavior to greater freedom and choice.

*** *Perceptual Positions and Shadow Styles***

It is possible to experience an event, situation or relationship from several different perspectives: From your own "first person" perspective, through the eyes of a second person or from the perspective of an independent observer. NLP calls these Perceptual Positions. The view from your own perspective is called First Position, seeing through another's eyes is called Second Position and the perspective of an independent observer is termed Third Position.

Each Enneagram style persistently favors one of these three positions. Eights and Ones, for example, over identify with their own First Position and benefit from learning to switch places with others (Second Position). Twos and Nines, by contrast, habitually frequent the Second Position while Fives tend to defensively inhabit the Third Position, floating above events.

In the workshop we will also explore two major applications of Perceptual Positions to the Enneagram:

- 1) To determine a client's favored Perceptual Position, how it reflects their Enneagram style and then teaching them how to expand their awareness to include the other positions.
- 2) Using Perceptual Positions to temporarily "become" other Enneagram styles. For coaches, this is especially useful in working successfully with clients with your *shadow styles*, "difficult" Enneagram styles that baffle, frighten or even styles that impress or attract you.

*** *Creating Effective Homework Assignments and Behavioral Tasks***

Although mainly known for his work with hypnosis, the famous hypnotherapist Milton Erickson invented a variety of creative, non-hypnotic approaches to helping families and individuals change. Many of them overlap with techniques from Brief Therapy, Family Therapy and NLP and work very well in coaching. In the workshop we will learn how to use Erickson's non-hypnotic approaches to create exercises, homework assignments, therapeutic rituals and behavioral tasks that help clients solve problems and resolve personality dilemmas.

*** *How to Recognize and Use Parental Points***

In addition to our primary Enneagram style and its secondary connections, we carry within us our parents and therefore their Enneagram styles. Identifying how they influence our talents and limitations, the role they play in problems and the resources they represent all contribute to successful coaching. We will also touch on how birth order affects Enneagram styles as well as cultural and subcultural influences.